

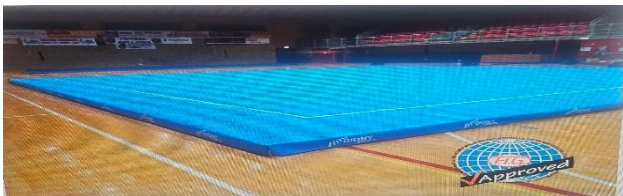


***International Tournament
Zielona Góra Acro Cup
Poland
6-8 November 2026***

Dear Friends of ACRO

The UKS AS ZIELONA GÓRA with the support of the Polish Sports Association and the Zielona Góra City Office invites Your delegation to participate in our International Tournament.

THE COMPETITION WILL BE ORGANIZED ACORDING TO THE FOLLOWING DIRECTIVES:

LOCAL ORGANIZING COMMITTEE	UKS AS ZIELONA GÓRA UL.URSZULI 22 65-147 ZIELONA GÓRA, POLAND Email: uksas@poczta.onet.pl tel. +48 578 288 874
DATE	7-9 NOVEMBER 2025
VENUE	HALA AKROBATYCZNA UL.URSZULI 22 ZIELONA GÓRA  
APPARATUS SUPLIER	DJONY - competition floors 
RULES AND REGULATIONS	The event will be organized under the following FIG Rules, as valid in the year of the event, except for any deviation mentioned in these directives: • Statute • Technical Regulations

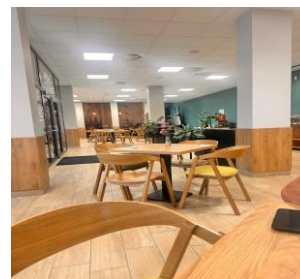
	• Code of Points (2025 – 2028) • Pre-Youth, Youth & Juniors& Senior Rules (latest version) • Mini Youth All the official FIG Newsletters
INVITED	The „International Tournament Zielona Góra Acro – Cup” is organized for National, Regional Teams, and Club teams
PROVISIONAL SCHEDULE (Subject to Change)	6-8 November 2026 Arrival of Delegations 6 November 2026 Podium Training per schedule/Orientation Meeting /Judges Meeting 7 November 2026 Competition Day 8 November 2026 Competition Day - finals 8 – 9 November 2026 Departure of all delegations
AGES	The competition will take place in following age groups and categories. • 14+ (Seniors) According to FIG Rules for Senior • Age Group 12-19 According to FIG Junior Rules (13-19) • Age Group 11-18 According to FIG Youth Rules (12-18) • Age Group 10-16 According to FIG Pre-Youth Rules (11-16) • Mini Youth 7-15
COMPETITION FORMAT	Qualifications and Finals in all 5 categories. The following temas qualify for the final: - When 20 or more teams are competing – 12 - When 12 to 19 teams are competing - 8 - When 7 to 11 teams are competing – 6 - When 6 or fewer teams are competing - 4
REGISTRATIONS AND ENTRY FEE	Registrations can only be made trouhg the provided attachments. <u>Provisional registration</u> The provisional registrations must be submitted by entering the delegation's composition until 15 July 2026 at the very latest. <u>Definitive registration</u> The definitive registrations must be submitted by entering the delegation's composition until 15 september 2026 at the very latest. <u>Nominative registration</u> The nominative registrations must be submitted by entering the delegation's composition until 15 october 2026 at the very latest. All form please download from www.uksas.pl site LOC contact - email : uksas@poczta.onet.pl

ENTRY FEES	The cost for the entry fee is 35€ (euros) per gymnast per class. Entries will be considered on a first come first served basis. Payment deadline for entry fees is 15.10.2026
JUDGES	Each participating federation/club must provide minimum one judge. • There will be a 250,- Euro penalty if a delegation does not present a judge. All judges must be available for the ENTIRE competition. Any exceptions need prior approval.
INSURANCE	The organizer will not be held responsible for any liabilities in case of accidents, illness, and the like. All delegations are responsible for ensuring the appropriate coverage against accidents and illness. The OC will verify the certificates of insurance of all delegation members upon arrival at accreditation.
LOCAL TRANSPORTATION	Transport hotel – sports hall – hotel will be provided by LOC. The schedule will be provided on the day of arrival.
ACCOMMODATION	LOC will be happy to provide you with a hotel. QUBUS HOTEL ***  UL. CEGLANA 14 A 65-211 Zielona Góra   All accommodation through the LOC include: ➤ Transport hotel – sports hall - hotel ➤ Accommodation ➤ Breakfast ➤ Lunch ➤ Dinner Prices per person per night: - 80 Euro per person per night The costs for the extra persons are the same as for the official delegation members.

NOVY HOTEL ***



Ul. Gorzowska 16
65-127 Zielona Góra



All accommodation through the LOC include:

- Transport hotel – sports hall - hotel
- Accommodation
- Breakfast
- Lunch
- Dinner

Prices per person per night:

- 80 Euro per person per night

The costs for the extra persons are the same as for the official delegation members.

HOTEL RETRO ***



Ul. Dworcowa 41
65-001 Zielona Góra

	All accommodation through the LOC include: ➤ Transport hotel – sports hall - hotel ➤ Accommodation ➤ Breakfast ➤ Lunch ➤ Dinner Prices per person per night: - 80 Euro per person per night The costs for the extra persons are the same as for the official delegation members. The costs for the accommodations must be paid to the LOC as follows: 100% of the Accommodation costs must be paid to the LOC by 15 OCTOBER 2026. Breakfast will be served at the hotel. Lunch and Dinner at the Sport Venue.
BANK ACCOUNT INFORMATION	Payment deadline for entry fees is 15.10.2026 Payment has to be transferred to: - Beneficiary bank: Powszechna Kasa Oszczędności Bank Polski SA, Oddział 2 w Zielonej Górze ul. Powstańców Warszawy 7 65-807 Zielona Góra Beneficiary account (IBAN): PL 24102054020000010205183647 Beneficiary name: UCZNIOWSKI KLUB SPORTOWY AS Beneficiary bank code (SWIFT): BPKOPLPW
DEADLINES SUMMARY	<u>Provisional registration - 15.07.2026</u> <u>Definitive registration – 15.09.2026</u> <u>Nominative registration – 15.10.2026</u> <u>Payment of the Entry Fee – 15.10.2026</u> <u>Payment of the Accommodation costs 100% - 15.10.2026</u>
WEB STREAMING	UKS AS Zielona Góra will broadcast the competition The link to the broadcast will be given in the workplan.

MEDICAL SERVICES	The Organizing Committee will provide a first aid medical service in the competition area during the whole competition.
OFFICIAL HOSPITAL	Szpital Uniwersytecki im. Karola Marcinkowskiego w Zielonej Górze Zyty 26, 65-046 Zielona Góra
MISCELLANEOUS	For the additional services of transportation for airport (Berlin, Poznan, Wroclaw) do not hesitate to contact us via e-mail
AWARDS	The top 3 gymnasts will receive medals.They are requested to appear in competition suit.

We hope to meet you in Zielona Góra

Sincerely Yours,

Mr. Radosław Walczak
President
UKS AS Zielona Góra