

MINI – YOUTH

- age limit is 7 - 15 years
- one combined exercise max. duration 2'

PAIRS

End in:

- a) 2 static elements from the mandatory PRE-YOUTH 11-16 table for 2025-2028 /WP, MP, MIX/ (from different rows)
- b) 1 static element with tables of FIG difficulty groups for 2025-2028 (WP value min. 1, max. 9 / MP and MxP min. 1, max. 9)
/example elements of the PRE-YOUTH table 11-16 for the years 2025-2028/
- c) 2 functional elements from the mandatory PRE-YOUTH 11-16 table for 2025-2028 /WP, MP, MIX/ (from different rows)
- d) 1 dynamic element with FIG size group tables for 2025-2028 (WP value min. 1, max. 14 / MP and MxP min. 1, max. 14)
/example elements of the PRE-YOUTH table 11-16 for the years 2025-2028/
- e) 3 individual elements: flexibility, agility, static strength (static hold) or falls
 - Obligatory performance of elements from the TUMBLING category: somersaults or firlaka
 - Elements from the TUMBLING category (somersault or firlak) must be made with movement
 - Sideways or frontal swings do not meet the somersault requirement
 - No somersault or firlak in penalty routine - 1 point (for each partner)

GROUP

In the system you should do:

- a) 1 static element from the mandatory PRE-YOUTH 11-16 table for 2025-2028 /WG, MG/
- b) 1 static element from the FIG difficulty group table for 2025-2028 (WG value min. 1, max. 16 / MG min. 1, max. 16),
/sample elements of the PRE-YOUTH 11-16 table for 2025-2028 WG, MG/
- c) 2 dynamic elements from the mandatory PRE-YOUTH 11-16 table for 2025-2028 /WG, MG/ (from different orders)
- d) 1 dynamic element from the FIG difficulty group table for 2025-2028 (WG value min. 1, max. 14 / MG min. 1, max. 10),
/sample elements of the PRE-YOUTH 11-16 table for 2025-2028 WG, MG/
- e) 3 individual elements: flexibility, agility, static hold or tumbling
 - Obligation to perform elements from the TUMBLING category: somersaults or firlaka
 - Elements from the TUMBLING category (somersault or firlak) must be made with movement
 - Sideways or frontal swings do not meet the somersault requirement
 - No somersault or firlak in penalty routine - 1 point (for each partner)

