

VI AGPVI CUP – 2026 – ACADEMIA DE GINÁSTICA PAULO VI

Níveis AGN*		Ages	Exercise	Rules
N1	Nível 1	6 - 12	--	Regulamento AGN 2025/2026
N2	Nível 2	7 - 13		
N3	Nível 3	9 +	Combined	

*AGN – ASSOCIAÇÃO DE GINÁSTICA DO NORTE (PORTUGAL) / NORTH GYMNASTICS ASSOCIATION

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Divisão Base FGP*		Exercise	Rules
INF	Infantis Base (6-13)	Combined	Manual Técnico FGP 2025 / 2026
INI_B	Iniciados Base (8-15)		
JUV_B	Juvenis Base (9-16)		
JUN_B	Juniores Base (10-18)		
SEN_B	Seniores Base (+12)		

FGP – FEDERAÇÃO DE GINÁSTICA DE PORTUGAL / GYMNASTICS FEDERATION OF PORTUGAL

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2ª Divisão FGP*		Exercise	Rules
JUV_2D	Juvenis 2D (9-16)	Balance & Dynamic	Manual Técnico FGP 2025 / 2026
JUN_2D	Juniores 2D (10-18)		
SEN_2D	Seniores 2D (+12)		

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FIG		Ages	Exercise	Rules
PRE YOUTH	Pre Youth	9 – 16	Balance & Dynamic	Pre Youth FIG Age Group Rules
YOUTH	Youth	10 – 18		Youth FIG Age Group Rules
JUN	Juniors	12 – 19		Junior FIG Age Group Rules
SEN	Seniors	+12		Senior FIG Code of Points

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REGULAMENTOS I RULES

https://drive.google.com/drive/folders/14k5xen2Ehtqw4DsrYVkdGO_SmfUxqhOL?usp=drive_link